



SPECIAL TOUCHES: INTENTIONAL PARENTING

Special Touch Ideas for Intentional Parenting Workshop/Class

Facilitators, choose the activity or activities that you feel will be the most memorable and impactful for your specific group. Consider that some participants may be new and have been invited to attend only this class, so incorporating something special can help extend the impact for everyone.

1. **Parenting Reflection Notebooks:** Provide printed copies of the stand-alone parenting workbook from the **Toolbox** for participants to reflect on their parenting journey, encouraging them to jot down insights and actionable steps along the way.
2. **Resource Guide:** Create a curated list of helpful books, websites, and articles on parenting and personal growth for participants to reference.
3. **Goal-Setting Cards:** Give participants cards to write down one parenting goal they'd like to focus on, serving as a daily reminder of their commitment.
4. **Accountability Partners:** Encourage participants to pair up and exchange contact information to support each other in implementing insights and holding each other accountable.
5. **Blessing Ceremony:** Invite participants to share a quality they appreciate in their children and offer a short blessing for each child, highlighting their unique strengths.
6. **Parenting Reflection Wall:** Set up a space for participants to anonymously write a challenge or question they face as parents, allowing others to respond with encouragement or suggestions.