



## SPECIAL TOUCHES: INTENTIONALITY

At the end of the Intentionality class, introduce the **Intentionality Jar** activity as a meaningful way for participants to solidify their goals and scripture choices. Explain that during the next session, they will share their Big Growth Goals and selected scriptures. Provide small slips of colorful paper for them to write these down.

When participants return for the next class, invite them to write their goals and scriptures on the slips and place them in the jar. After everyone has shared, take a moment as a group to read and pray over the slips, fostering a sense of community and support. Encourage participants to add to the jar throughout the remaining classes, creating a collective resource of intentions and scriptures that they can refer back to for encouragement and accountability as they progress on their journeys.